

The Bosco Centre	
Policy:	Anti - Bullying Policy
Applies to:	College, Independent School, Nursery & Youth club
Reviewed:	October 2018
Next Review:	October 2019

The Bosco Centre is a Bully Free Zone!

The Bosco Centre has a zero-tolerance policy towards harassment and bullying. We will take disciplinary action against any person who is intimidating someone else in any way. This could lead to dismissal from the course.

How do you know you are being bullied?

- You feel bad
- You dread seeing that person
- You feel afraid
- You can't sleep
- You feel anxious and depressed

You are a bully if you do any of these things to someone else:

- You call them names
- You make up stories to get them into trouble
- You tell other people not to be friends with them
- You make remarks about their culture, religion, race or sexuality
- You make remarks about their disability or medical condition
- You take away their possessions or demand money from them
- You hide their books or bag
- You send them nasty text messages or make silent calls to their phone
- You make threats about nasty things that will happen to them
- You make remarks about them liking other boys or girls. This is called homophobic bullying
- You spread rumours about them
- You physically hit them, kick them, trip them up or push them around
- You make remarks about their looks or weight
- You damage their property
- You make jokes about them when you can see they're upset
- You indulge in teasing them when you know they are not enjoying it
- You're going along with the crowd who are doing any of these things

What to do if you are bullied

Speak out	You MUST tell someone. Please tell a tutor, the Principal, or a member of the College team If you cannot tell your teachers, ask a parent or another adult to speak to them for you.
Save text messages and call records on your phone	If not possible, write down time of text / call; what was said / written; and the caller's / sender's number if you have it.
On-line bullying, rumours / gossip on Facebook	Don't respond to nasty comments, but, as before, keep a record of everything you get sent; saving the messages, printing them or by screenshotting

What happens if you tell us

- We will help you
- We make time to listen to you and take your issue seriously
- We agree an action plan together
- We address the bullying with the bully

This policy has been updated to include Keeping Children Safe in Education 2018 guidance.

Useful websites:

www.childline.org.uk/explore/online-safety/pages/online-safety.aspx

<https://www.nhs.uk/Livewell/Bullying/Pages/Antibullyinghelp.aspx>

www.beatbullying.org

www.bullying.co.uk